**WHAT KIND OF "TRUTH" GOVERNS YOUR HEART?**

Let us read the following passage: John 8:31-36 *"Jesus said to the people who* ***BELIEVED*** *in him, “You are truly my disciples if you* ***REMAIN FAITHFUL TO MY TEACHINGS****. And you will know the* ***TRUTH****, and the truth will set you* ***FREE****.”**“But we are descendants of Abraham,” they said. “We have never been slaves to anyone. What do you mean, ‘You will be set free’?” Jesus replied, “I tell you the truth, everyone who sins is a slave of sin. A slave is not a permanent member of the family, but a son is part of the family forever. So, if the Son sets you free, you are truly free.”*

As we can see, this scripture shows us that a true disciple of Jesus Christ BELIEVES, KNOWS AND STAYS IN THE TRUTH.

But what is the truth?

"It is defined as someone who adjusts with facts or reality. In other words, truth is reality. It's about how things really are. It is something that is consistent with the mind, will, character, glory, and being of God. Truth is the self-revelation of God Himself." (Steven Lawson)

In other words, God is the truth, the reality that manifests itself through all that exists.

"God the Father is "the God of truth" (Ps. 31:5; Isa 65:16). Jesus Christ is "full of grace and truth" (John 1:14). In fact, He is "the truth" (14:6). The Holy Spirit is "the Spirit of truth" (14:17, 15:26, 16:13), “the word of truth" (2 Tim. 2:15). Jesus said, "Your word is true" (John 17:17). God is the truth; this means that God always speaks things as they are" while the enemy of the human being always tries by all means to distort it.

Shorthly, God shows us what the reality of everything is and therefore, expects us to work according to it.

Psalm 119:160 *"The very essence of your words is truth; all your just regulations will stand forever.”*

**Why is it so important to know the truth?**

Because knowing the truth allows us to live in FREEDOM. That is, living without bonds,ideas, concepts, fears, etc. that limit us and prevent us from enjoying the blessings of our Father.

Knowing the truth leads us to salvation, to develop our identity and purpose.

**What's the key to knowing the truth?**

According to the passage we just read at the beginning, the key is to BELIEVE in JESUS CHRIST and STAY in his WORD.

**How do we know we're living according to the truth?**

Living according to the truth has to do with thinking, feeling, acting according to what God speaks, His Word. This is pleasing Him in EVERYTHING, for example, our life, family, finances, entertainments, etc. For example: Words that come out of God's mouth are true, construct, build, and give life therefore, if we are in Him, our words should have the same effect.

Likewise, if we let ourselves be guided by appearances, bad experiences, rumors, lies of Satan, the words of others, etc., we will be immersed in total darkness and slavery.

John 16:13 *"When the Spirit of truth comes, he will guide you into all truth. He will not speak on his own but will tell you what he has heard. He will tell you about the future.”*

Source: https://bible.knowing-jesus.com/Espa%C3%B1al/topics/La-Verdad